



A RACE?

A BATTLE?

SPIRITUAL
ILLNESS?

WE NEED
HEALING.



FAITH



OPERATION

Allowing the Great Physician to Work in Our Life



The Great Physician

“It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.”



**For those of us who know we're broken
are messed up inside there is hope**

**Because we are exactly why Jesus
came, lived, died, and rose again**

**He is the Great Physician—not to cure
our physical ailments, but to heal our spiritual illness**



Mark 2:17

The Great Physician

**Jesus came for people who are willing
to admit they're sick**

**Because Jesus didn't come to condemn
sick people for being sick**

He came to heal them

He came for people like us

**He's inviting us not to a battlefield
but to the operating table**



Brain Freeze



Spiritual Brain Freeze

Furthermore, just as they did not think it worthwhile to retain the knowledge of God, so God gave them over to a depraved mind, so that they do what ought not to be done.

A spiritual brain freeze doesn't cause a temporary headache, it causes a deadly condition

Depraved here means a mind that has lost the ability to make moral judgments

They rejected God, and their thinking became distorted

Romans 1:28



Spiritual Brain Freeze Symptoms



**A desire to control and
manipulate others**

A life that proudly displays sin

Easily swayed by desires and culture

**Every time you face a moral
choice and choose unwisely,
a pattern forms**

**Physical brain freeze is sudden but Spiritual
brain freeze is a slow melt**



Preventing Spiritual Brain Freeze



Fight for Your Thoughts: *We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.*

2 Corinthians 10:5

Focus Your Thought: *Set your minds on things above, not on earthly things.*

Colossians 3:2



Preventing Spiritual Brain Freeze



Fill Your Thoughts: *Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.*

Philippians 4:8

There is nothing passive about this

This isn't "take a pill and call the doctor if symptoms worsen."



This is building spiritual antibodies before the sickness sets in

Preventing Spiritual Brain Freeze

“Because I consider all your precepts right, I hate every wrong path.”

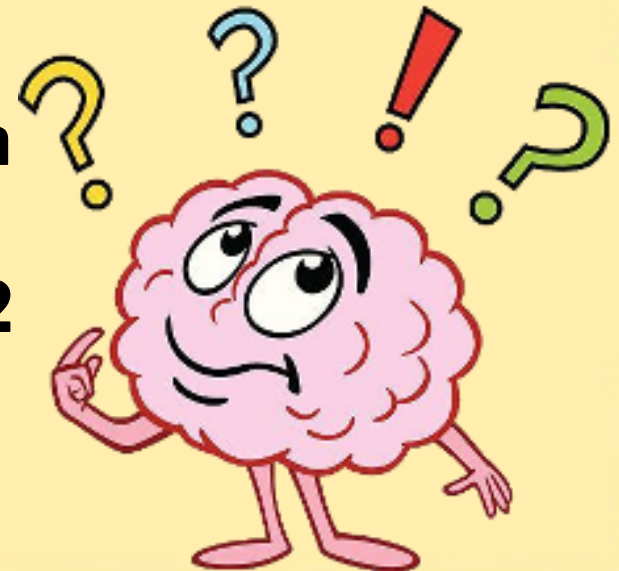
Psalm 119:128

A healthy mind is one that feasts on God’s Word

“I have treasured the words of His mouth more than my daily bread.”

Job 23:12

What if the damage is already done?



Unfreezing Your Mind

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.



Romans 12:2

**If your mind has been shaped by the world,
you can't expect it to change overnight**

Healing takes time, but it also takes help

**You need God's grace but you also need God's
Word and godly people who will help you stay honest**



Unfreezing Your Mind

Paul begins with a stop: *“Do not conform to the pattern of this world.”*

Before something new can take root, something old has to stop

If we're going to unfreeze our minds, we have to stop allowing the world to determine what is true, what is right, and what is good

That takes repentance, prayer, and honesty



Unfreezing Your Mind

But stopping isn't enough

Renewal means God begins changing the way you think

It's allowing God to reshape your thinking through His truth

Old patterns begin to lose their grip

New patterns begin to take their place

And as your mind is renewed, transformation begins



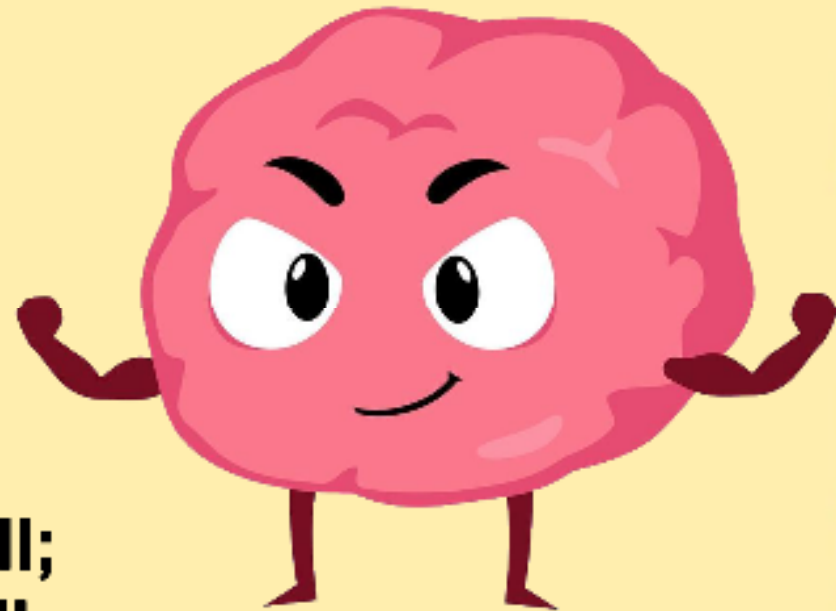
Unfreezing Your Mind

Paul says, something happens that matters enormously: “Then you will be able to test and approve what God’s will is.”

A renewed mind becomes a discerning mind

Not that you never struggle again, but that you can see clearly again

You can begin to discern God's will; His good, pleasing, and perfect will



GOD'S THE SURGEON YOU'RE THE PATIENT



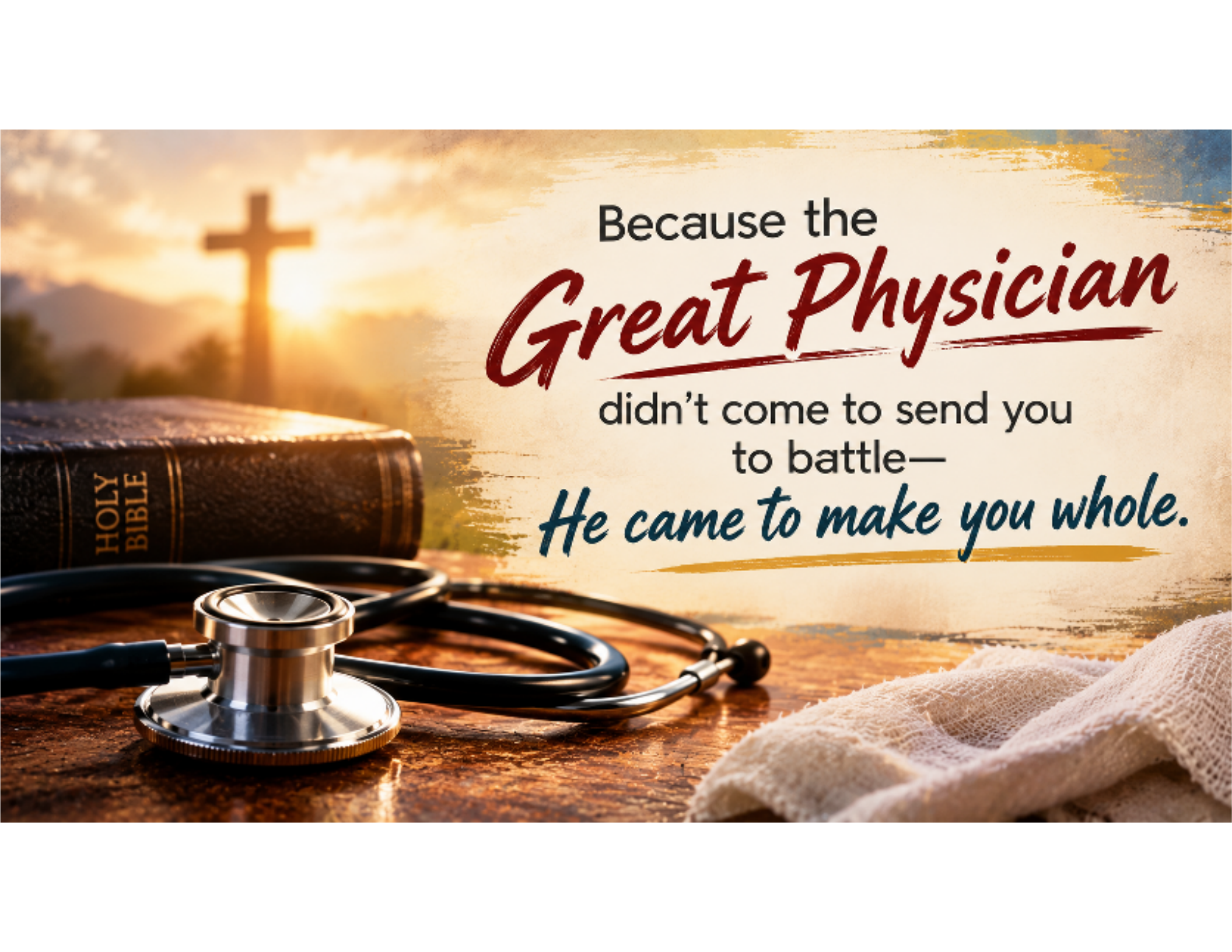
Because Spiritual warfare doesn't always call for armor

Sometimes it calls for anesthesia



If you're walking around numb, confused, or stuck in worldly thinking, God is ready to do surgery

Let Him remove the icy thought patterns and replace them with the warmth of His truth

The image is a composite graphic with a warm, golden-hour background. In the foreground, a black stethoscope with a silver chest piece lies on a dark, textured surface. To the left, a dark leather-bound Bible is partially visible, with the words 'HOLY BIBLE' embossed on its spine. In the background, a large wooden cross stands against a bright, hazy sky. The text is overlaid on the right side of the image.

Because the
Great Physician
didn't come to send you
to battle—
He came to make you whole.