

Plagued

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Those who suffer from Anxiety disorders

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- -Often Cut themselves

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Those who suffer from Anxiety disorders

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Generalized Anxiety Disorder (GAD) Panic Disorder (PD) Social Anxiety Disorder Specific Phobias Disorder Stress Induced Anxiety Disorder Obsessive-Compulsive Disorder (OCD) Post-traumatic Stress Disorder (PTSD) Major Depressive Disorder Persistent depressive disorder (PDD) **Seasonal Affective Depression Psychotic Depressive Disorder Peripartum Depression Situational Depressive Disorder Atypical Depression**

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- Anxiety disorders develop from a complex set of risk factors, including genetics, brain chemistry, personality, and life events.

"What if others don't except me?"

"What if others don't love me?"

"What if others CAN'T love me?"

"I hate who I am ... "