

I CHOOSE

STARTERS

DISCIPLINE OVER REGRET

- Flattened Marriage**  
Resting on a bed of half-boiled excuses and to-do lists  
-or-
- Salt-Crusted Discipline**  
Combined with slow-roasted Corinthian endurance

PURPOSE OVER POPULARITY

- Hand-Picked Approval of Others**  
Plated with marinated comparison and a side of buttered self-sticks.  
-or-
- Purpose Soup**  
Chef's daily blend of significance and artisan cheeses

ENTRÉ

SURRENDER OVER CONTROL

- Puree of Pickled Perfection**  
Nested in raised expectations and micromanaged potatoes  
-or-
- Old-Fashioned Surrender Pie**  
Accompanied by cooled cucumbers and an anxiety reduction

IMPORTANT OVER URGENT


- Flash-Fried Demands**  
Tossed with frazzled nerves and burnt-to-a-crisp bacon  
-or-
- Well-Prepared Filet of Importance**  
Served over a meditation on rice and responsibly sourced olives

# The Choices we **MUST** make!

**Choice 1: Purpose Over Popularity**

**Choice 2: Surrender Over Control**

**Choice 3: Discipline Over Neglect**



**This is an either or, there  
is no sometimes this  
sometimes that**

**There are many words we  
could use to describe that man**

**Frazzled**

**Frustrated**

**Hurried**

**Demanding**

**Upset**

**Rude**

**Me**

**You**

**He is pulled in too many  
directions at the same time**

**Life has gotten much noisier**

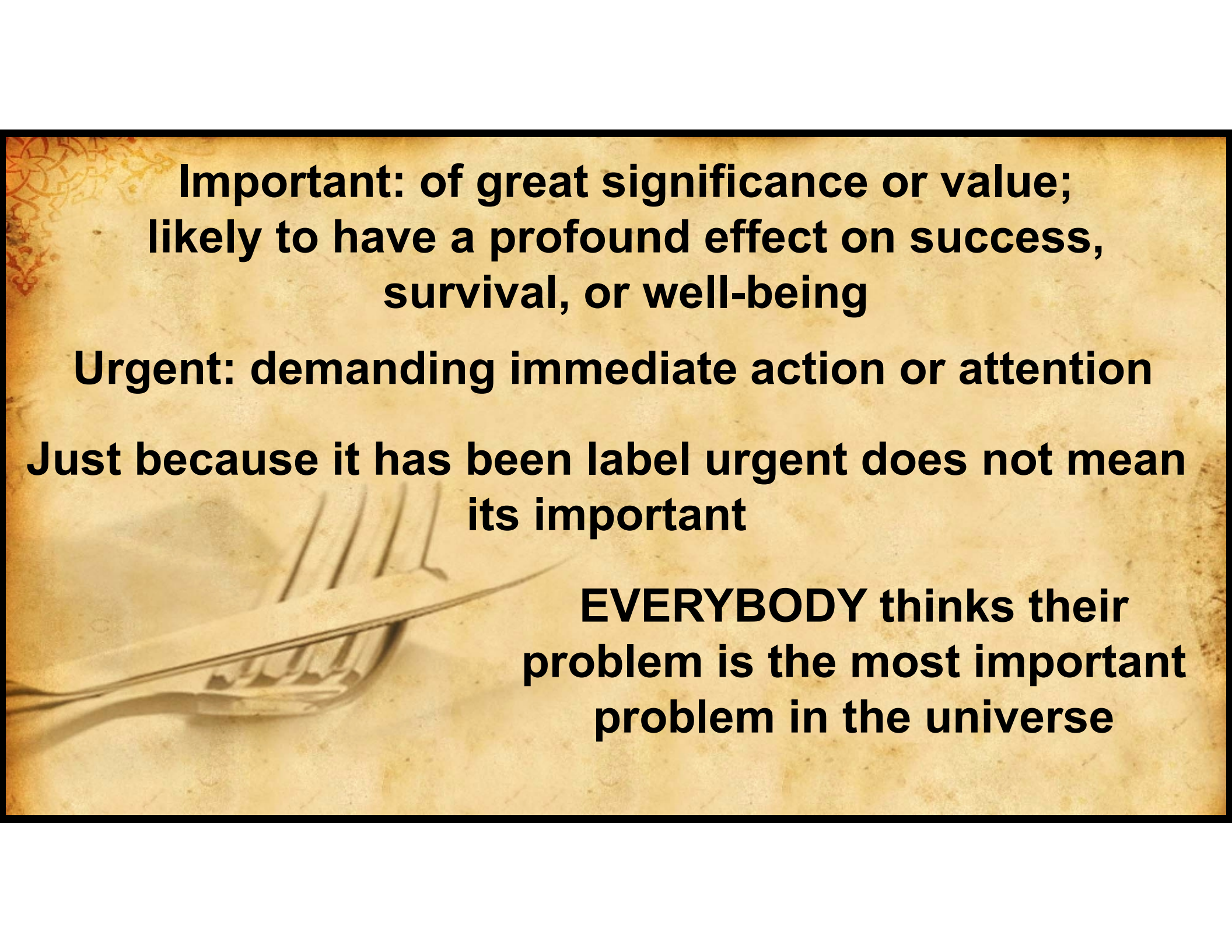


**Our life now becomes  
running from one wheel to the next  
trying to get silence**

**What choice are we must make?**

**Important  
Over Urgent**





**Important: of great significance or value;  
likely to have a profound effect on success,  
survival, or well-being**

**Urgent: demanding immediate action or attention**

**Just because it has been label urgent does not mean  
its important**

**EVERYBODY thinks their  
problem is the most important  
problem in the universe**



# **Urgent requests put us working in crisis mode**

**They increase stress**

**It lowers our ability to rest**

**Stretches our focus**

**Decreases our productivity**

A silver fork and knife are positioned diagonally across the lower-left portion of the page. The background is a textured, aged, yellowish paper with a decorative, reddish-brown floral pattern in the top-left corner. The text is centered in the upper-middle part of the page.

# **Important Over Urgent**

**(Luke 10:38-42)**

# The Martha Mindset

The story begins with Martha inviting people

Hospitality was important to Martha

Martha was **distracted** by all  
the preparations that had  
to be made





**Martha began to get frustrated**

**She was too busy**

**She was afraid she was going  
to let people down**

**Martha wanted help**

**Martha tried to make her  
important Mary's urgent**



# **The Martha Mindset**

**In Martha's eyes she was doing nothing  
(Devalued Mary's important)**

**She demanded of Jesus to force Mary to help**

**Good move, take it to Jesus**

**Bad move, tell Jesus how  
to fix the problem**



# **The Jesus Mindset --- Why?**

**Upset**

**Worried**

**Trying to do too much**

**Did Martha have a choice?**

**She could have approached  
the need for help with a plea  
and not a demand**

# **One Thing**

**Jesus does not actually offer Martha a solution**

**Jesus never really tells us what the one thing is**

**Most of the time we assume he is talking about  
Mary listening to him teach**

**I personally think that is an  
over generalization that causes  
us to be selfish**

# **The Mary Mindset**

**She was not blowing Martha off**

**She was not doing nothing**

**She was not just vegging out**

**She was not playing**

**Her important was making  
Jesus her focus**



# **Important**

**What Martha was doing was not bad or wrong, she was just doing it for all the wrong reasons**

**It was an obligation not a ministry**

**She felt like she was being taken advantage of not serving**

**Her focus first became the tasks**

**Then it became herself**



**Finding your important means  
focusing your priority**

**NO other gods before me**

**Jesus tells us no one can serve  
two master effectively**

**The world will always fill our lives  
with urgent (Distractions)**

**We will justify that there is always  
tomorrow when it comes to Christ**

**We tell God  
you're next I just have to**

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## ENTRÉ

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-or-  
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Served over a meditation on rice and responsibly sourced olives