

I CHOOSE

## STARTERS

### DISCIPLINE OVER REGRET

**Flattened Marriage**  
Resting on a bed of half-baked excuses and to-do lists

↳

**Salt-Crusted Discipline**

Combined with slow-roasted Caribbean ambrosia

### PURPOSE OVER POPULARITY

**Hand-Picked Approval of Others**  
Plated with mirrored comparisons and a side of buttered self-sticks

↳

**Purpose Soup**

Chef's daily blend of significance and artisan cheeses

## ENTRÉE

### SURRENDER OVER CONTROL

**Purse of Pickled Perfection**  
Nostalgic to raised expectations and microwaveal potatoes

↳

**Old-Fashioned Surrender Pie**

Accompanied by sautéed cucumbers and an anxiety reduction

### IMPORTANT OVER URGENT

**Flash-Fried Demands**  
Tossed with frosted nerves and burnt to a crisp lesson

↳

**Well-Prepared Fillet of Importance**

Served over a meditation on life and responsibly sourced fillets

# **Menus are all about Choices**

**You look them over**

**Ideally you get what you want**

**Often you have to settle  
for what you can afford**

**Sometimes you have  
to make due with what they have**







**SAD!**

# Discipline Over Neglect





# The Terms

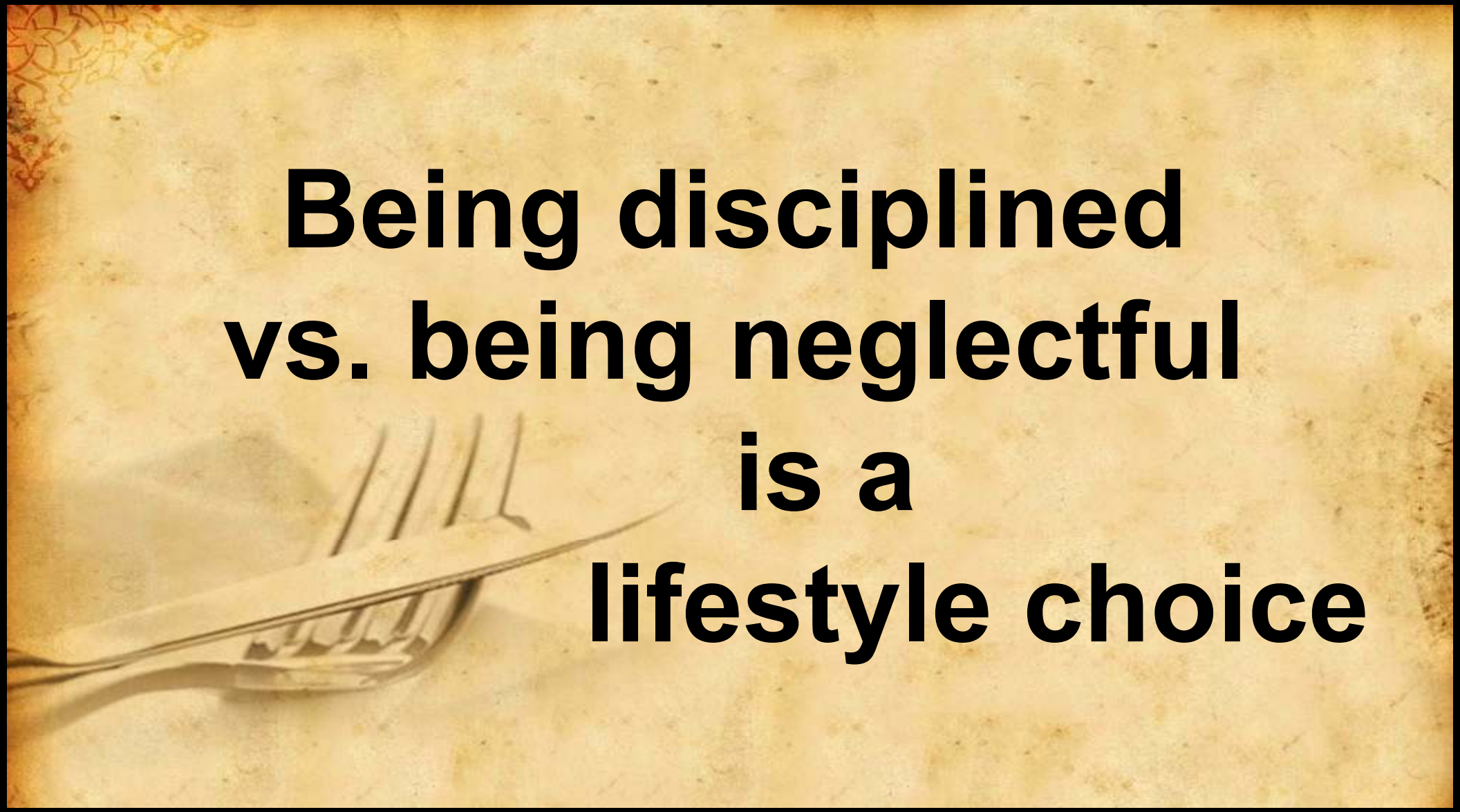
**Discipline: The act of showing a controlled form of behavior or way of working.**

**Neglect: fail to care for properly, not pay proper attention to; disregard, fail to do something.**

**One is assertive, one is passive**

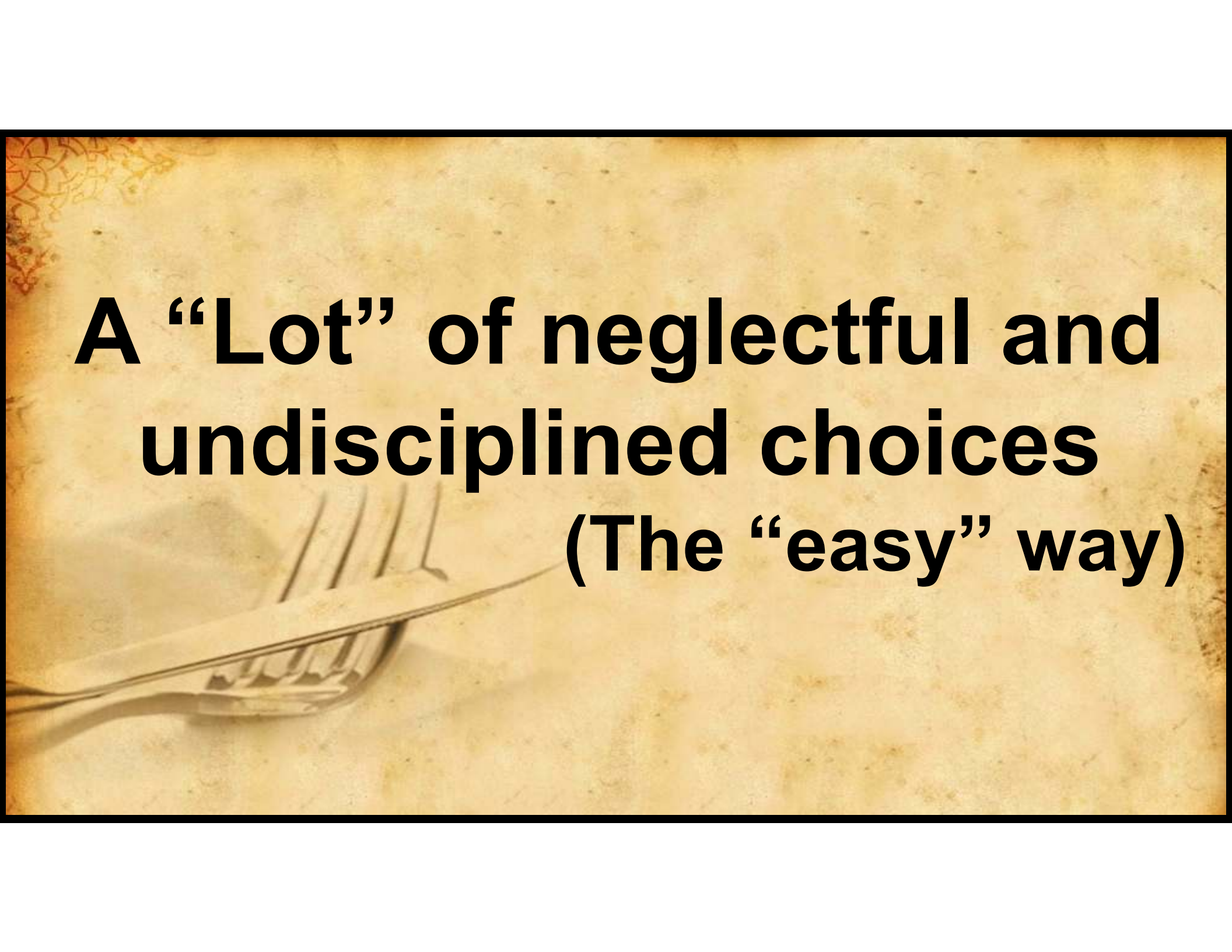
**One is positive, one is negative**

**One leads to successful results,  
one leads to failure**



**Being disciplined  
vs. being neglectful  
is a  
lifestyle choice**





**A “Lot” of neglectful and  
undisciplined choices  
(The “easy” way)**

## **Which way to go? (Genesis 13:5-11)**

**I am not faulting Lot for choosing the better land**

**It's just good business sense**

**He evaluated what was being offered to him**

**And chose wisely based on  
what he saw**

**Unfortunately, that was the last  
disciplined decision we see him make**



**v. 12 --- Abram lived in the land of Canaan,  
while Lot lived among the cities of the plain  
and pitched his tents near Sodom.**

**The plains of Jordan were vast**

**Sodom and its sister city Gomorrah  
were known for its wicked culture**

**Lot could have easily avoided  
Sodom and Gomorrah (Zoar)**

**He did not avoid instead it said he went near**

**But you sort of get the feeling the  
allure of his direction had little to  
do with the land and more about  
those cities  
(Genesis 14:12)**

**Looking At..... Living Near.....  
Living IN... Captured By!**



# **Which way to live? (Genesis 19:1-3)**

**Adapted to their culture**

**“Sitting in the gateway”**

**When he sees them he notes they don't belong**

**He skirts them away from the  
really bad part of town and  
takes them to his house**



**Where are his flock and herds?**

**(Genesis 14:16)**

**He recovered all the goods and brought back his relative Lot and his possessions, together with the women and the other people.**

**Where was his wife?**

**Something is wrong  
with this picture**





# **Which way to solve problems? (Genesis 19:4-8)**

**This falls under what could possibly be thinking**

**The messengers from God are in the house**

**The men of the town show up to have  
them turned over to allow them  
to rape them**

**Lot stands up for them**

**He offers to allow them to rape his two  
virgin daughters who were engaged to be married**

**You sort of get the feeling Lot was not taken seriously by anybody (v. 14)**

**So Lot went out and spoke to his sons-in-law, who were pledged to marry his daughters. He said, “Hurry and get out of this place, because the Lord is about to destroy the city!”**

**But his sons-in-law thought he was joking.**



# **Which way to leave? (Genesis 19:15-20)**

**If somebody came to you and gave you advanced warning of destruction our natural instinct should be to flee**

**Note Lot hesitated**

**He was still looking for an easy life**

**They had to pull him from the city and force him to go**



# **A “Lot” of Bad Results**

## **His Wife (v. 26)**

**But Lot’s wife looked back, and she became a pillar of salt**

## **He lived in fear (v. 30)**

**Lot and his two daughters left  
Zoar and settled in the  
mountains, for he was afraid to  
stay in Zoar. He and his two  
daughters lived in a cave.**






# **A “Lot” of Bad Results**

## **His Daughters (v. 31-32)**

**One day the older daughter said to the younger, “Our father is old, and there is no man around here to give us children—as is the custom all over the earth. Let’s get our father to drink wine and then sleep with him and preserve our family line through our father.”**



# I CHOOSE Discipline or Neglect

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or

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Combined with slow-roasted Cornishon endurance

### PURPOSE OVER POPULARITY

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Plated with marinated comparisons and a side of buttered self-sticks

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Chef's daily blend of significance and artisan cheeses

## ENTRÉ

### SURRENDER OVER CONTROL

**Puree of Pickled Perfection**  
Nostalgic to raised expectations and micro-managed potatoes

or

**Old-Fashioned Surrender Pie**  
Accompanied by cooked cucumbers and an anxiety reduction

### IMPORTANT OVER URGENT

**Flash-Fried Demands**  
Tossed with frenzied nerves and burnt to-a-crisp bacon

or

**Well-Prepared Fillet of Importance**  
Served over a meditation on life and occasionally personal stress