# ICHOOSE

### STARTERS

DISCIPLINE OVER REGRET Flattened Marriage Retring on a bod of half-bailed excuses and to do lists

Salt-Crusted Discipline Combined with slow roosted Corinthian endurance

#### PURPOSE OVER POPULARITY

Hand-Picked Approval of Others Ploted with marinated comparison and a side of buttered selfie-sticks.

Purpose Soup Chef's daily blend of significance and artisan cheeses

### ENTRÉ

SURRENDER OVER CONTROL

Purse of Pickled Perfection Nested in raised expectations and micromanaged potatoes

Old-Fashioned Surrender Pie Accompanied by cooled cucumbers and an anxiety reduction

IMPORTANT OVER URGENT Flash-Fried Demands Tossed with frazzled nerves and burnt-to-o-crisp bacen -ar-

Well-Prepared Filet of Importance

## Perfectionism **Refusal to accept any standard short of perfection Problem 1: Perfect according to what standard? Problem 2: This mentality puts all** the pressure on me **Problem 3: Nobody else matters** (Not Even God) Problem 4. It's an unreachable goal

Perfectionism is only possible if I am in control of everything Somethings are just out of my control **The Weather Other People** Circumstances **People get sick Accidents** happen An unforeseen events or actions

Perfectionism Even things I am in 100% in control of don't go perfect I have limitations I have defects ---- Sin My 100% of 100% will not produce perfection because I am not perfect

# **Surrender Over Control**

Surrender **Cease resistance to an enemy or opponent** and submit to their authority Who is God to You? Is He your enemy ---- Seeking to destroy Is He your opponent --- Competition with Is He your authority --- In charge

How you view God will determine how you interact with Him **Enemy or Opponent** Its a struggle We resist that is until we are in over our heads Then we stop usually begrudgingly We feel like failures

### Dealing with God this way is exhausting

It leaves us seeing God negatively After all we did not give up control, we simply lost It sets up the next battle because I lost this one This constant battle mode sucks the wind right out of our spiritual sails

Authority the power or right to give orders, make decisions, and enforce obedience. View as God has the power (Job 12:1) View as God has the right (Romans 9:21) to Give Orders to Make Decisions to Enforce Obedience

Our Action --- Submit Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to God, and he will make your paths straight.

Proverbs 3:5-6

**Note: Order is Relevant** 

**Trust in the LORD with all your heart** Submission begins with the idea of trust You have to believe God is able You have to believe God is available You have to believe God wants what is best for you If you do not, then you will **NEVER** submit

# You may do battle from time to time but you will **NEVER** be at peace with giving up control

Lean not on your own understanding First you have to come to the conclusion your understanding has limits and God's is limitless (Humble) If you are waiting for everything to make sense before you submit you will never submit (Faith)

## **Once you have established that** thought process you have to figure out God's thought about whatever you are struggling with

**Figuring the Mind of God** Look for the "Thou Shalts" or "Thou shalt nots" Look for the guiding principals that may apply **Consult with a brother or** sister in Christ (Mentor/Fellowship) Pray

# In all your ways submit to God Once you have figured out what God thinks or says, DOIT!

He will make your paths straight **Continue down the path --- Keep doing it!** The word straight hear does not mean perfect, it means clear Problems will still come, but on a clear straight path you can see them coming from a mile away When you see them coming go back to steps 1 through 4

### I CHOOSE Surrender or Control

### STARTERS

DISCIPLINE OVER REGRET Flattened Marriage Reting on a bod of half-bailed excuses and to do lats

Selt-Crusted Discipline Combined with slow reasted Corinthian endurance

#### PURPOSE OVER POPULARITY

Hand-Picked Approval of Others Ploted with marinated comparison and a side of buttered selfie-sticks.

Purpose Soup Chef's daily blend of significance and artisan cheeses

### ENTRÉ

SURRENDER OVER CONTROL

Puree of Pickled Perfection Nested in raised expectations and micromanaged potatoer

Old-Fashioned Surrender Pie Accompanied by cooled cucumbers and an anxiety reduction

IMPORTANT OVER URGENT Flash-Fried Demands Tossed with frazzled nerves and burnt-to-o-crisp bacon -ar-

Well-Prepared Filet of Importance