

An aerial photograph of a tropical beach. The left side of the image shows the turquoise ocean with white foam from breaking waves. The right side shows a wide, white sandy beach. The entire image is framed by a thin red border.

BREAK THROUGH

40 Days of Prayer

7 Things we want to incorporate into our daily prayer life

**And pray in the Spirit on all occasions
with all kinds of prayers and requests.
With this in mind, be alert and always
keep on praying for all the Lord's people.**

Ephesians 6:18

40 *days of*
Prayer

7 Things we want to incorporate into our daily prayer life

Pray “in the Spirit” = Let God lead you.

On All Occasions = No bad time!

With all kinds of prayers = There is no "right" way

And Requests = No subject off limits!

Be Alert = Requires you pay attention

Pray for all People = Everybody

**40^{days of}
Prayer**

2 Habits we **must** develop

**Keep a Running
Conversation with God**



**Schedule Prayer Times
Through Out My Day**

**Clocks were created
to remind us to pray!**

40 *days of*
Prayer

Daily Prayer Habit

**Seven times a day I praise you for
your righteous laws.**

Psalm 119:164

**A Daily Prayer Schedule
Built Around the Lord's Prayer**

40 *days of*
Prayer

Our Father: Get up with Gratitude

Proactive Father

Do not be like them, for your Father knows what you need before you ask him.

Matthew 6:8



Caring

Close

Consistent

Capable

40 *days of*
Prayer

Our Father: Get up with Gratitude

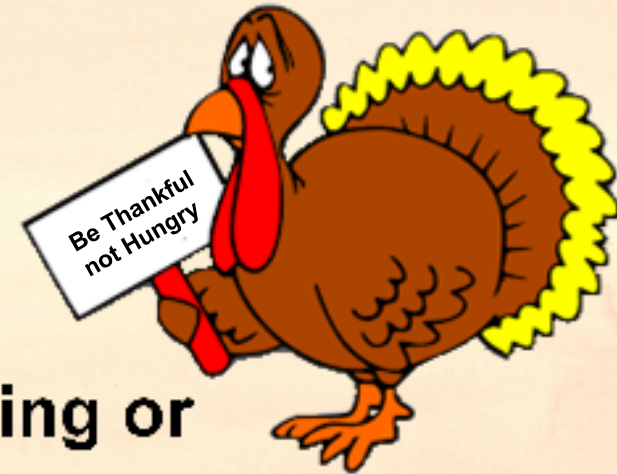
Every good and perfect gift is from above,
coming down from the Father of the heavenly
lights, who does not change like shifting
shadows.

James 1:17



40 days of
Prayer

Start your day with Thanksgiving



Set the tone with gratitude not with grumbling, griping, groaning, growling or grunting!

Doctors say the healthiest human emotion is gratitude. APPRECIATION

**For who makes you different from anyone else?
What do you have that you did not receive?
And if you did receive it, why do you boast
as though you did not?**

40 *days of*
Prayer

Bless God's Name at Breakfast

To bless means to honor,
give respect, and to praise
(Adoration)



“Hallowed be Your Name”

Not a Sunday Event

Every day I will praise you and
extol your name for ever and ever.
(Psalm 145:2)

40 days of
Prayer

GOD SAYS “I AM...”

Abba: I am Your Loving Father!

**El Deah: I’m your God who knows you and
knows everything**

Jehovah Rapha: I’m your God who heals you!

**El Shaddai: I’m Almighty God - with all the
power you need!**

Jehovah Jirah: I’m your Provider

Jehovah Shalom: I’m your Peace

40 *days of*
Prayer

At Mid Morning Remember What Matters Most

**Is it easy to get distracted
by busyness**

Forget your priorities

**Lose your focus and miss the big perspective
Pause & pray -- (Dedication)**

**God's purpose is His kingdom
(Matthew 6:33)**



40 *days of*
Prayer

**What a great
opportunity to look around your
world and see potential
"subjects"
for the master's kingdom**

40 *days of*
Prayer



List My Needs at Lunch

You are sitting down to eat

**Odds are you say some kind of prayer
to thank God for your food**

**Give us today our daily bread.
(Matthew 6:11)**

Ask for ANYTHING I need

Ask for what other people's need too

40 *days of*
Prayer

Ask for Forgiveness in the Afternoon



**This doesn't take long, but neither does
taking out the garbage**

I own up to my own wrong actions and reactions

**I admit my sins and I forgive others
who've frustrated me**

**Then I acknowledged my sin to you and did not
cover up my iniquity. I said, "I will confess
my transgressions to the Lord." And
you forgave the guilt of my sin.**

40 *days of*
Prayer

Decision Making

**Ask God to help me make wise decisions
and protect me from making dumb ones
(Matthew 6:13)**



No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

1 Corinthians 10:13

40 *days of*
Prayer

Don't Do It Alone

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.



Matthew 11:29

40 *days of*
Prayer

End My Day with Encouraging Truth (Benediction)

**“For thine is the kingdom, and the power,
and the glory, for ever. Amen”
(Matthew 6:13)**



God is in control

**This is not the end of the story
God, and his family, win in the end**

40 *days of*
Prayer

The Lord's Prayer is not just a pattern for praying, it is a pattern for living!



**Jesus gave this prayer
in response to the request
teach us to pray**



What he really gave was pattern to teach us to live

Living Prayer --- That is a interesting concept

It is time....

**You can not learn to pray
unless you learn to pray**

**40^{days of}
Prayer**

Plan Your Day Around

PRAYER

40 days of
Prayer