



**BREAK
THROUGH**
40 Days of Prayer



**What words describes
how you feel about prayer?**

Frustrated

Inept

Awkward

Unsatisfied

Confused

A mystery

I don't understand how it works

I want it better

I need help!

40 *days of*
Prayer

**Today we are going to go over
the basics of things you
need to know about prayer**

Prayer 1🙏1

40 *days of*
Prayer

3 Facts About Prayer



40 days of
Prayer



Our Creator wired human beings for prayer



Everybody prays!

A universal urge... worldwide

Every culture prays to something or someone”

There is so much in our life we don't understand we need to believe there is somebody or something out there that has answers

40 *days of*
Prayer

He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end.

Ecclesiastes 3:11

We have a NEED to pray

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Prayer



**We are not very
good at prayer**



**Its kind of like looking at yourself
naked in the mirror**


We feel Inadequate

I don't know what to say

**God doesn't want talking
to him to feel so difficult!**

40 *days of*
Prayer



Our frustrations with prayer  **are caused by our misconceptions**

Prayer is NOT a magic wand!

Prayer is NOT a fire extinguisher!

Prayer is NOT a tug of war with God!

Prayer is NOT a ritual to relieve guilt!

Here is the thing, going by statistics in these four frustrations I just outlined covers about 90% of an average “Christian’s” prayer life

40 *days of*
Prayer

**Still wondering why
prayer is not working
for us?**



**It's because we are not really
praying we are just playing!**

40 *days of*
Prayer



4 Foundational Truths About Prayer

40 days of
Prayer



**God Loves for me to talk to him
about anything and everything**



It doesn't have to be a "religious" topic!

**Why is God interested in anything
you're interested in?**

He loves you!

He gave you those interests!

He enjoys talking with his children!

(Psalm 103:13)

**He wants you to GROW UP:
That means learning how to talk to him!**

40 *days of*
Prayer



**God Loves for me to talk to him
about anything and everything**



Learning to pray is like learning any other language

**You listen & practice & get better...
Words become sentences!**

**There is nothing off-limits in talking to God.
(1 John 5:14)**

**This is the confidence we have in approaching God:
that if we ask anything according
to his will, he hears us.**

40 *days of*
Prayer



**God Loves for me to talk to him
about anything and everything**



Prayer is a conversation, not a ceremony

Prayer is talk & listen, not a monologue

Prayer is relational not ritual

**If prayer is boring to you, you
misunderstand the point of it**

It's a privilege not a duty

It's should be enjoyed not endured

**40^{days of}
Prayer**



God Listens to Prayer that is Sincere and Simple



Let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water.

Hebrews 10:22

It just has to come from your heart

Authentic... Real... Honest

God wants to hear about your day

40 *days of*
Prayer



God Likes to Show His Grace by Answering Prayer



**With every answer, God shows he is a good, good
Father even when the answer is NO or NOT YET!**

Jeremiah 33:3

Matthew 7:11

James 4:2

40 *days of*
Prayer



God Longs to Be Close to Me



If you're away from someone you love for a long time you can't wait to talk

**God is waiting for you to talk to him
(Isaiah 30:18)**

Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion For the Lord is a God of justice. Blessed are all who wait for him!

For I desire mercy, not sacrifice, and acknowledgment of God rather than burnt offerings.

Hosea 6:6 *40 days of*
Prayer



God Longs to Be Close to Me



I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you.

John 15:15

**Desire it & Make time for it!
(James 4:8)**

Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded

40 *days of*
Prayer



**God wants You
but do You want
Him?**

40 *days of*
Prayer