



**BREAK  
THROUGH**  
*40 Days of Prayer*



# I Must Grow Up Spiritually

40 days of  
Prayer



# Do You Really Want to Grow Up?

40 days of  
Prayer

# Immaturity

**Decisions based on feeling not God's word**

## **Spiritual Growth is God's Will**

**Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming.**

**Ephesians 4:14**

**40** *days of*  
**Prayer**

# **Immaturity**

**Infants are cute but tragic**

**They always have to have somebody do for them, they can never do for themselves**

**Spiritually They are unsettled**

**Tossed**

**Blown**

**They are easily deceived**

**40** *days of*  
**Prayer**



**if we are going  
to become mature  
and have  
a mature prayer life,  
we have to  
grow up**



# How to Grow Up?

40 days of  
Prayer



**We Grow Up  
When We  
Feed on  
God's Word**

*40* days of  
Prayer



# **Feed on God's Word**

**Prayer is having a conversation with God**

**Conversations are two way streets**

**You talk but you must also listen  
(Matthew 4:4)**

**Listening is about consuming God's work  
(Acts 20:32)**

**40** *days of*  
**Prayer**

**To Have and Effective  
Prayer Life we must**

**Hear God's Word**

**Read God's Word**

**Study God's Word**

**Memorize God's Word**

**Meditate on God's Word**

**Apply God's Word**

**40** *days of*  
**Prayer**



**We Grow Up  
When We Learn  
in Different  
Ways**

*40* days of  
Prayer

# **Learn in Different Ways**

## **God Loves Diversity**

**Jesus taught in many different style**

**Engaging Learning: By Listening (Auditory)**

**By Watching/Reading (Visual)**

**By Talking (Verbal/Oral)**

**By Doing it (Physical/ Kinesthetic)**

**Job 33:14**

**40** *days of*  
**Prayer**



**We Grow up  
When We  
Develop  
Spiritual  
Habits**

*40* days of  
Prayer

# **Spiritual Habits**

**Your character is the sum total  
of your habits**

**You can't say you have the quality of  
kindness unless...habitual!**

**Habits begin with devotion (Acts 2:42)**

**Practice Makes "Perfect"**

**You can not learn to pray  
unless you actually pray**

**40** *days of*  
**Prayer**



**We Grow Up  
When We  
Help Each  
Other Grow**

*40* days of  
Prayer

# Help Each Other

**Spiritual growth is RELATIONAL.....  
Better together!**

**God said... not good for man to be alone**

**Jesus was God and he still  
engaged others to help**

**That is, that you and I may be mutually  
encouraged by each other's faith**

**Romans 1:12**

**40** *days of*  
**Prayer**



# Help Each Other

I don't well with other!

## Grow Up!

And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Hebrews 10:24-25

40 days of  
Prayer



**We Grow Up  
When We  
Expect  
to Grow Up**

# **Expect to Grow Up**

**Kids grow up whether you want them to or not**

**Growing up is a natural thing**

**Immaturity leads to death**

**If we expect that we can just  
stay the same then what we  
are really saying is we are ready to die**

**While some growth just happens...**

**40** *days of*  
**Prayer**



**We Grow Up  
When We  
Commit to  
Grow Up**

*40* days of  
Prayer

# **Commit to Grow Up**

**Fact: most growth is not automatic. Intentional!**

**You must choose to grow**

## **Questions**

**How badly do you want to grow?**

**Do you really want to grow up?**

**Do you want just a spiritual baby?**

**What are you willing to do**

# **God can not use ANY Toys R Us Kids**

**When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me.**

**1 Corinthians 13:11**

**You will seek me and find me when you seek me with all your heart.**

**Jeremiah 29:13**

**40<sup>days of</sup>  
Prayer**



**Are You Ready to  
Grow Up?**

**40** *days of*  
**Prayer**