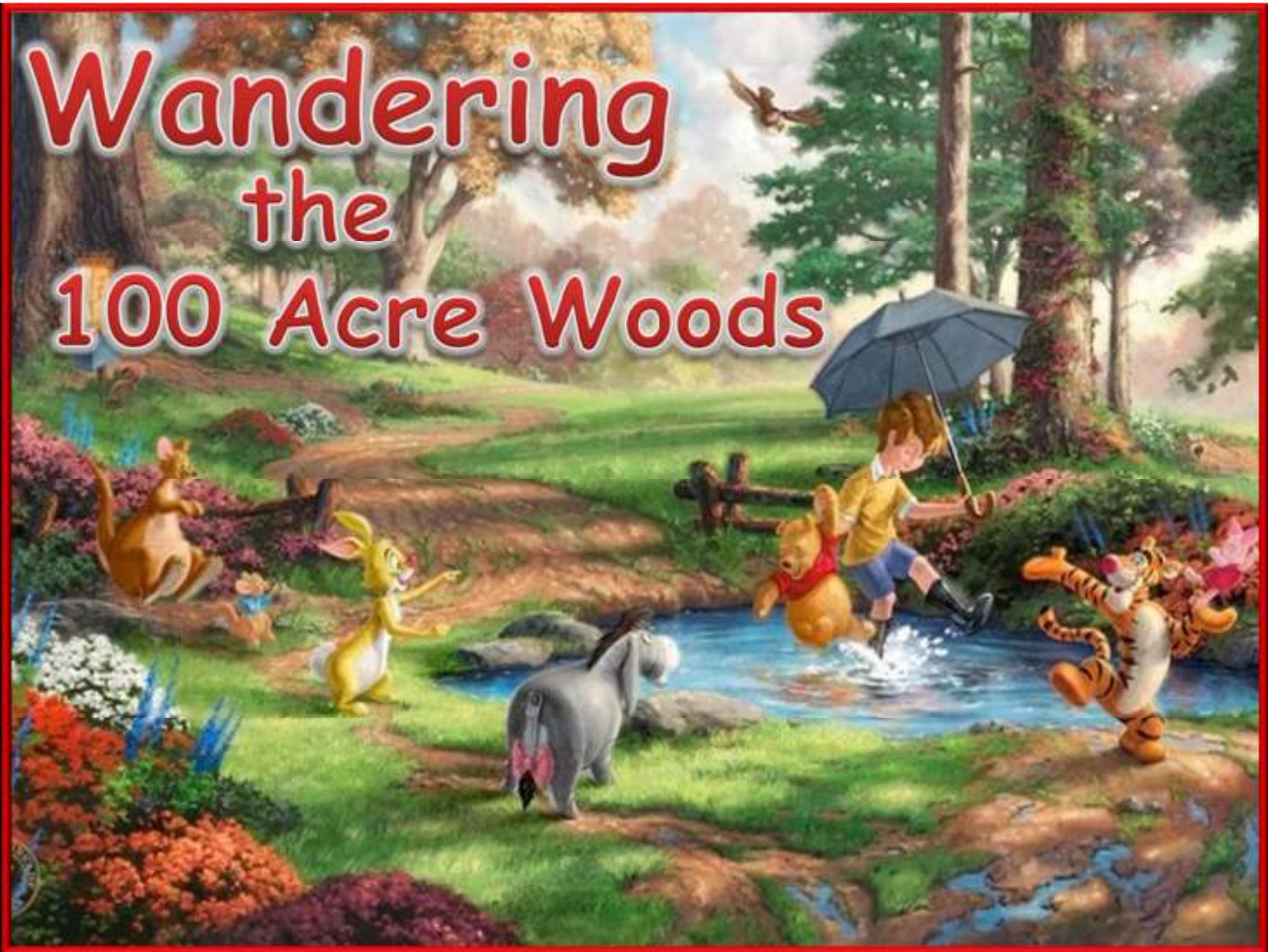


Wandering the 100 Acre Woods







Worry



Define Worry

A state of anxiety and uncertainty over actual or potential problems







Worry

(Matthew 6:25-34)



Therefore





"No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money."

v. 24




Manifestations of Worry

About your life


Basic Need (Food & Drink)

Our Body





For, "All people are like grass, and all their glory is like the flowers of the field; the grass withers and the flowers fall



1 Peter 1:24



Manifestations of Worry

About your life

Basic Need (Food & Drink)

Our Body

Future



Now listen, you who say, "Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money." Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes.

James 4:13-14



**What does
worry accomplish?**

Nothing Positive

**Can any one of you by
worrying add a single hour to
your life?**



Plenty of Negative

Creates Stress

Wastes Time

Causes Conflict

Lowers self esteem

Impacts sleep

Increases Appetite



Jesus Said
"I tell you,
do not worry"






**What
Causes Worry?
Just like indulgence,
its a belief issue**





**Ultimately for a Chirstian
who is responsilble for
my needs?**



"No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money.

v. 24

Who's responsible?



The belief
issue is we don't
trust God
enough to
be God



For Eternity

In that day they will say,
"Surely this is our God;
we trusted in him, and he saved
us. This is the Lord, we trusted in
him; let us rejoice and be glad in
his salvation."

Isaiah 25:9



For Today

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.

Proverbs 3:5-6



For Today

Trust leads to Submission

Submission lead to following the path God lays out

Trust God more



Worry Breaks the Cycle of Trust

