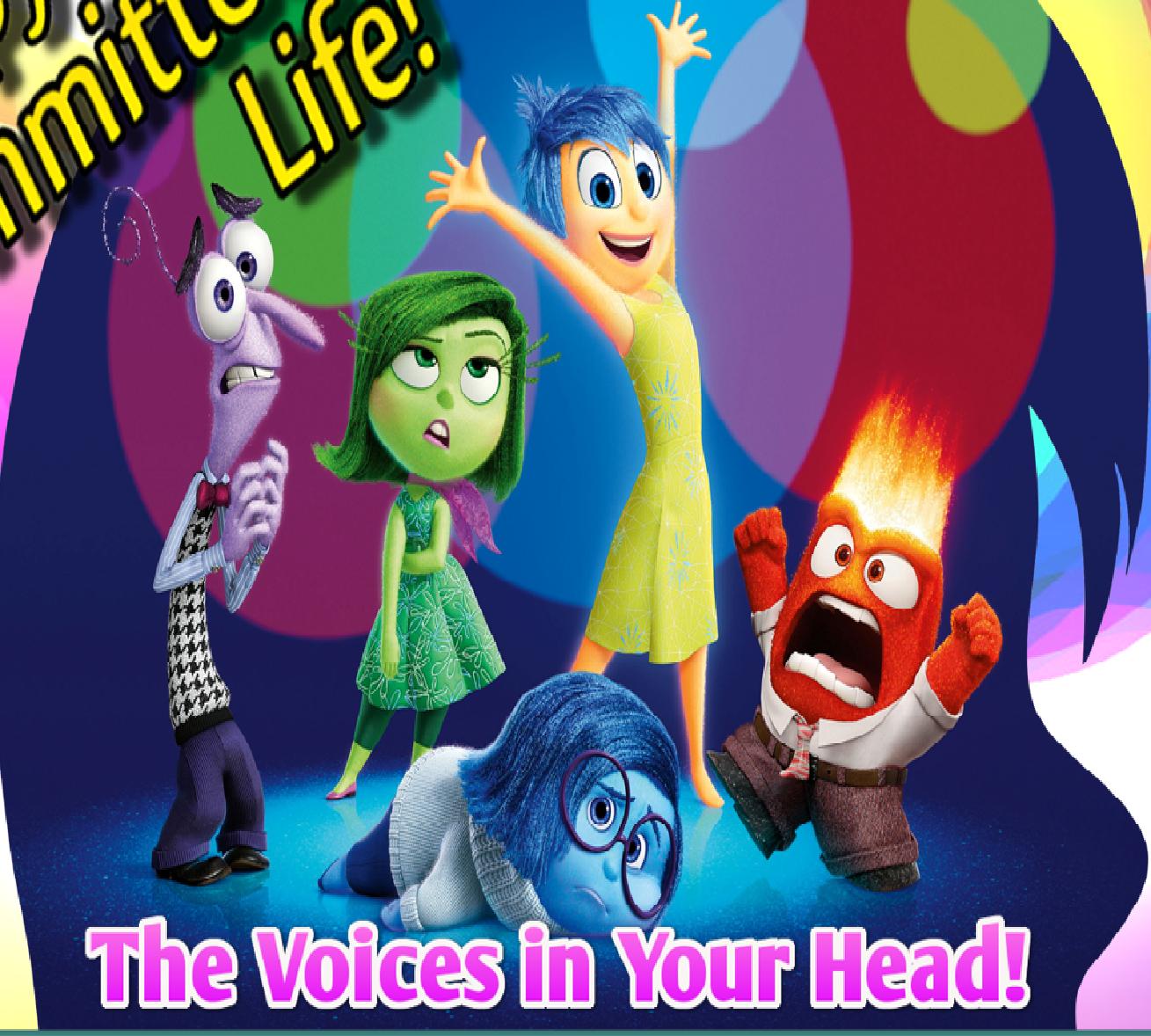


The
Happy
Committed
Life!



The Voices in Your Head!

Happiness Takes

A humbled heart

Some Mourning

A Meek
Approach



Hunger and Thirst

**Blessed are those
who hunger and thirst
for righteousness, for
they will be
filled.**



Hunger and Thirst

For this to make sense
you have to hunger for
the right thing

Righteousness



Righteousness

Justification: being
made right before God

Sanctification:
being set apart
for God



How's Your Appetite?

Hunger and Thirst



Where does it come from?

What You Want

What You Need

Desire to Live



Why is it Important?

Is a key symbol of health

**Not only tells when it
tells you what**

**Tells you when you've had
enough**

**Will send you
Searching**



**But we can't
Just Eat Anything**
(John 6:53-57)



The Key Ingredient

Jesus said

My flesh

Remains in me

I tell you

My blood

Sent me

Feeds on me

Lives because of me



It's All about Jesus

Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.



Hungry Life?

Try Jesus
(In the flesh)



The Plesh that Came for Us

**This is how you can
recognize the Spirit of
God: Every spirit that
acknowledges that Jesus
Christ has come
in the flesh is
from God**



The Flesh that Came for Us

**I am the living bread that
came down from heaven.
Whoever eats this bread will
live forever. This bread is my
flesh, which I will
give for the life of
the world.”**



Flesh that was Broken

While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, “Take and eat; this is my body.”



Thirsty Life?

Try Jesus
(The blood)



The Blood

Poured out for us (Matthew 26:28)

**Blood that draws us near
(Ephesians 2:13)**

**Blood that makes us Holy
(Hebrews 13:12)**

**Blood that Purifies
(1 John 1:7)**



Eat, Drink and be Filled

Like newborn babies,
crave pure spiritual milk,
so that by it you may grow
up in your salvation, now
that you have
tasted that the
Lord is good.



Eat, Drink and be Filled

Though you have not seen him,
you love him; and even though
you do not see him now, you
believe in him and are filled with
an inexpressible and glorious joy,
for you are receiving
the end result of your
faith, the salvation of
your souls.



Hunger and Thirst

**Perhaps your Hungry and
Thirsty because you have
never tried Christ**

